

MAYA YOGA

CLASS SCHEDULE

SHARE THE LOVE OF YOGA

Loved one of our classes?
Here are some ways to help
our community flourish.

INVITE A FRIEND

Share the gift of Maya Yoga
with a friend.

LEAVE US A REVIEW

Please leave us a review on
google or FB. Scan below QR
to leave a review on google.



MONDAY

- 7:00 AM Mysore w/Kyra
- 12:00 PM Ashtanga w/Kim
- 06:00 PM Led Primary w/Kelli

TUESDAY

- 7:00 AM Mysore w/Kyra
- 12:00 PM Vinyasa w/Emily
- 06:00 PM Intro to Ashtanga w/Jesse

WEDNESDAY

- 7:00 AM Mysore w/Kyra
- 12:00 PM Ashtanga w/Kim
- 06:00 PM Led Primary w/John

THURSDAY

- 7:00 AM Mysore w/Kyra
- 12:00 PM Vinyasa w/Emily
- 06:00 PM Intro to Ashtanga w/Jesse

FRIDAY

- 7:00 AM Mysore w/Kyra
- 12:00 PM Intro to 2nd Series w/Kim
- 05:30 PM Prana Vinyasa w/Jesse

SATURDAY

- 8:30 AM Spanish Ashtanga w/Aleyois
- 10:00 AM Led Primary w/Lainie
- 12:00 PM Prana Vinyasa w/Jesse

SUNDAY

- 8:00 AM Mysore w/Emily
- 10:00 AM Intro to Ashtanga w/Emily



SCAN QR CODE TO
RESERVE YOUR PLACE